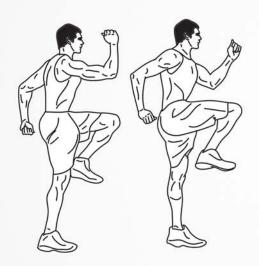
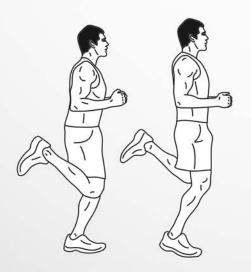
Cardio





DAREBEE WORKOUT C darebee.com

5 sets | 2 minutes rest

10 march steps

6 butt-kicks

10 march steps

6 butt-kicks

done