

# THAT'S HOW I CELEBRATE

DAREBEE WORKOUT © [darebee.com](http://darebee.com)

LEVEL I 3 sets LEVEL II 5 sets LEVEL III 7 sets REST up to 2 minutes



12 jumping jacks



6 high squats



12 jumping jacks



6 knee to elbow



12 jumping jacks



6 squat step back