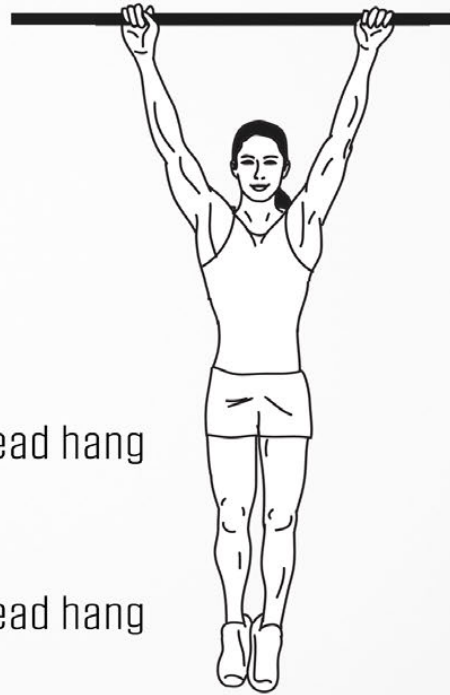


HANG IN THERE!

DAREBEE MICRO-WORKOUT @ darebee.com



to fatigue dead hang

30sec rest

to fatigue dead hang

30sec rest

to fatigue dead hang

30sec rest

to fatigue dead hang

done