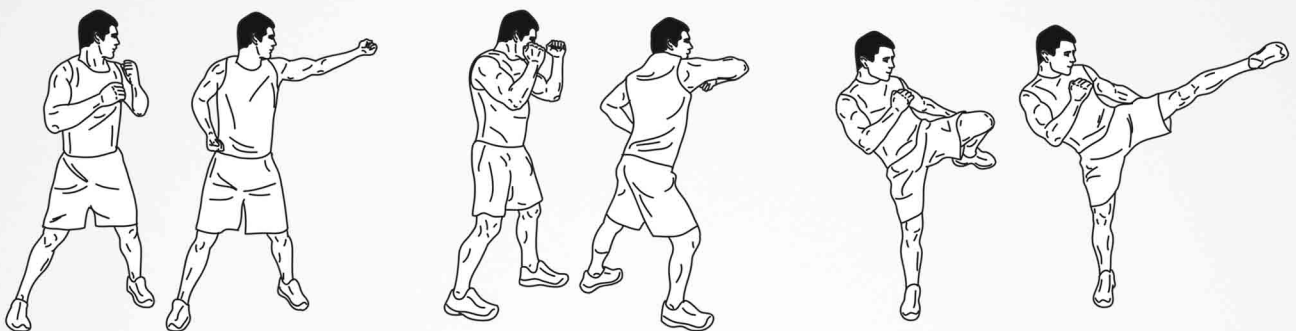


# HEADHUNTER

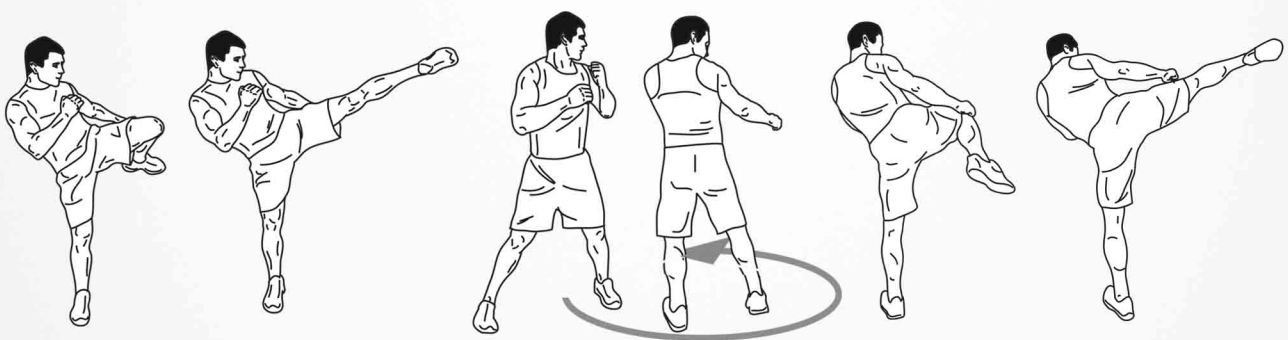
DAREBEE WORKOUT @ [darebee.com](https://darebee.com)

LEVEL I 3 sets LEVEL II 5 sets LEVEL III 7 sets REST up to 2 minutes

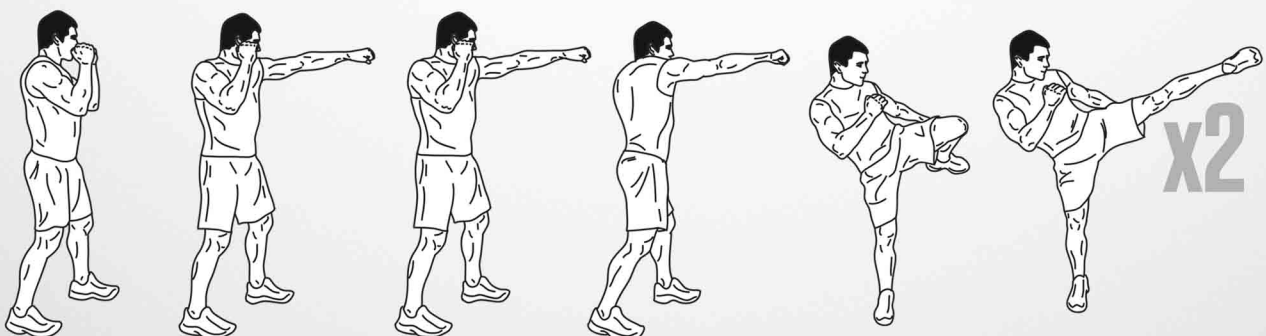
🎯 target aim your kicks as high as you can - or head height



**60combos** backfist + step forward + elbow strike + step forward + turning kick



**60** turning kicks: kick forward + bounce and change side + kick forward



**60combos** jab + jab + cross + double turning kick