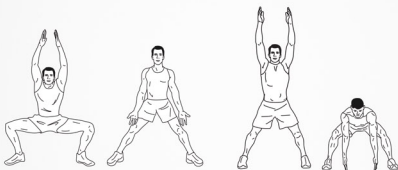


it's Adventure Time!

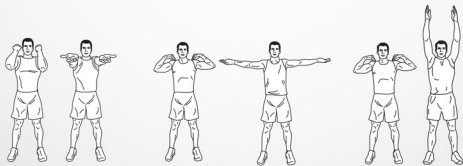
DAREBEE WORKOUT © darebee.com

LEVEL I 3 sets LEVEL II 5 sets LEVEL III 7 sets REST up to 2 minutes



10 squat jacks

10 hero squats



20 biceps extensions

20 side shoulder taps

20 shoulder taps