

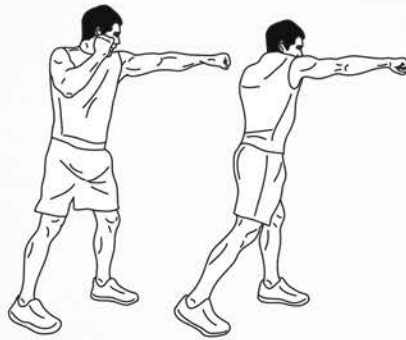
# RIGHT PLACE, RIGHT WORKOUT

DAREBEE WORKOUT @ [darebee.com](http://darebee.com)

LEVEL I 3 sets LEVEL II 5 sets LEVEL III 7 sets REST up to 2 minutes



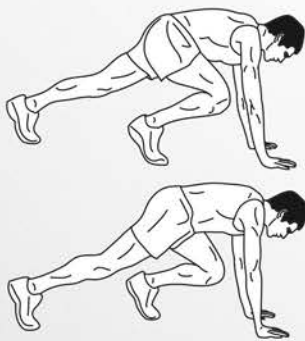
**20** high knees



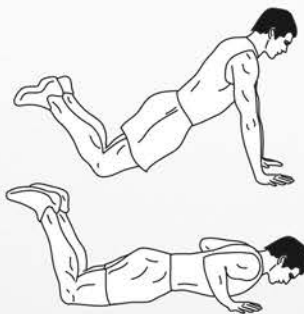
**20** punches



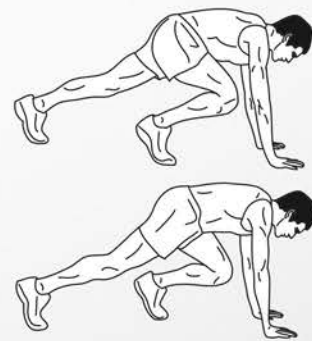
**20** high knees



**20** climbers



**5** knee push-ups



**20** climbers