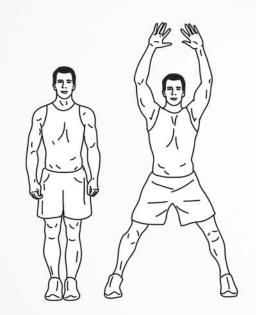
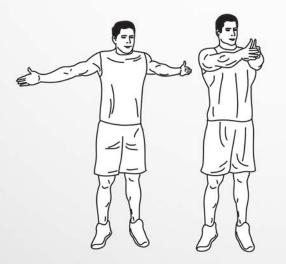
STRESS BUSTER

DAREBEE WORKOUT © darebee.com





5 jumping jacks

 ${f 5}$ chest expansions

5 jumping jacks

5 chest expansions

5 jumping jacks

 $\mathbf{5}$ chest expansions

done