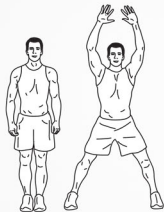


SWEAT SESSION

DAREBEE WORKOUT @ darebee.com

5 sets | 2 minutes rest between sets



10 jumping jacks

2 jump squats

10 jumping jacks

2 jump squats

10 jumping jacks

2 jump squats



10 jumping jacks

2 jump squats

10 jumping jacks

2 jump squats