

# I AM VENGEANCE

DAREBEE WORKOUT @ [darebee.com](https://darebee.com)

LEVEL I 3 sets LEVEL II 5 sets LEVEL III 7 sets REST up to 2 minutes



**20** squat + front kick



**20** squat + jab + cross



**20** punches ( jab + cross )



**20** squat + side kick